

A-List Animal Companions

To the world, they are known as famous celebrities, but to their pets, they are simply known as "Mom".

Jillian Michaels

Fitness expert & television personality



All the way back in 2009, fitness expert and Biggest Loser trainer, Jillian Michaels, was talking about and recommending a specific type of alkaline ionized water, Kangen Water®, on her weekly morning radio show. Most people don't know that her original motivation for investing in this technology was her pets. In addition to being a fitness fanatic,

she is also a bit of a pet fanatic, which she explained on her official website. "So, I'm a pet lover. It's no secret. I have about 40 of them. Yes, I'm serious. 1 pig, 4 horses, 3 dogs, 2 cats, 1 rabbit, 1 parrot, 14 chickens, 4 ducks, a wild goose, TONS of fish, a desert tortoise. Have I gone overboard? Yes. I won't even try to defend it. However, the reality is that study after study shows us that pets provide some pretty significant health benefits. Pet ownership can have a dramatic impact on infection control, cardiovascular disease, hypertension, cholesterol, allergies, stress, blood pressure and psychological issues – all for the better. Much better, in fact." She also said,

"Here are just a few of the findings that these studies on the impact of animal and human bonding have shown: A pet (cat, dog, horse etc.) can reduce your risk of a heart attack by 30% and your risk of a cardiovascular incident, like a stroke, by 40%. People with pets recovering from injury, surgery or suffering from chronic pain conditions like arthritis, migraines etc. required significantly less pain medication than those without pets. The conclusion is clear. Pets are great for our health. If you don't have one consider getting one! And I highly recommend rescue. Millions of pets go without a loving home. Consider saving a life, and I guarantee they will help save yours in return."

When she discovered the benefits of alkaline ionized water she started giving it to her pets, but she quickly realized that she could also benefit from the superior hydration of this special water. She even mentioned it by name

when asked about her health and eco regiment during an interview with treehugger.com. "I buy organic; shop at local farmers' markets; I use a Kangen Water® filter for drinking water - never bottled water."



Jennifer Aniston

Actress, film producer, and businesswoman



Jennifer Aniston has become globally known for her work both in front of and behind the camera, but when the bright lights of the set have dimmed, she enjoys spending time with her true loves, her dogs! Jennifer discovered the benefits of alkaline ionized water back in 2014 and word quickly got out. Online entertainment news group, Radaronline.com, broke the story. "Hollywood is known for its obsession with youth and now Jennifer Aniston is giving anti-aging water to her DOGS, RadarOnline.com has learned. The former *Friends* star, known for her lucrative endorsement deal with Smartwater, loves and uses the product, a source told Radar — but when it comes to the dogs she has with fiancé Justin Theroux, it's a different story. "Jen has bought into Hollywood's latest anti-aging water trend, 'Kangen Water,' a high alkaline anti-aging water." Although her marriage to Justin was short lived, she made sure that custody of

her precious pooches was included in the divorce settlement and she continues to give them this unique and special water. According to sources, Aniston doesn't personally drink the water, but insiders believe this claim is to protect her deal, but if true, it shows just how much she loves her animals. "She gives this boutique water, which is produced by a counter top water device, to their dogs because she and Justin don't want them to age as quickly as Jen's dog Norman, who passed a few years ago." According to the Radar article, "Noted animal lover and *Marley & Me* star Aniston was devastated when Norman, a Welsh corgi mix, passed away at age 15. "He's my baby boy," she once said of the dog who was her constant companion — while boyfriends came and went! Now that Aniston, 45, is living with Theroux, 42, they are raising a white shepherd mix named Dolly and a pit bull mix named Sophie, whom the couple rescued from a shelter. Although many scoff at claims that Kangen water eliminates acidity in the body and can cure obesity, arthritis, high blood pressure, and even cancer, Hollywood has embraced it. And Aniston is hoping it will be the fountain of youth for her best friends, the source said. "Jen will do anything for her dogs," the source added." It is obvious Jennifer loves her dogs!

